



# February 2012 Lone Jack Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Breakfast: Scrambled Eggs w/ Bacon & Cheese, toast, juice Lunch: Super Nacho's refried beans, juice cup	2 Breakfast: Biscuit & Gravy, sausage patty, juice  Lunch: <b>COOK'S CHOICE</b>	3 Breakfast: Sausage, Egg & Cheese Biscuit, juice  Lunch: Deli Sandwich, chips, applesauce	4
5 Breakfast: Cereal, toast, juice  Lunch: Toasted Cheese Sandwich, salad, crackers, soup, fruit	6 Breakfast: French Toast yogurt w/fruit, juice  Lunch: Chili Fiesta Stick, coleslaw, spanish rice, cake	7 Breakfast: Scrambled Eggs w/ Bacon & Cheese, toast, juice  Lunch: Chicken Noodles, peas/ carrots, biscuit, rice krispie treat	8 Breakfast: Biscuit & Gravy, sausage patty, juice  Lunch: Pork Pattie, potatoes, gravy, green bean ,fruit	9 Early Release Day!! Breakfast: Long John, fruit juice Lunch: Pizza, salad, rosy applesauce	10	11
 13 Breakfast: Cereal, toast, juice  Lunch: Mini Corndog, salad, baked beans, blushing pears	14 Breakfast: French Toast yogurt w/fruit, juice  Lunch: Chicken Pattie on bun, French fries, fruit	15 Breakfast: Scrambled Eggs w/ Bacon & Cheese, toast, juice  Lunch: Taco Salad, refried beans, brownie	16 Breakfast: Biscuit & Gravy, sausage patty, juice  Lunch: Chicken Nuggets, potatoes, gravy, green beans, sherbet cup	17 Early Release Day!! Breakfast:  Lunch: Deli Sandwich, chips, pudding	18	
19 NO School!  	20 Breakfast: Cereal, toast, juice  Lunch: <b>COOK'S CHOICE</b>	21 Breakfast: Scrambled Eggs w/ Bacon & Cheese, toast, juice  Lunch: Sloppy Joe's, French fries, broccoli w/cheese sauce, cookie	22 Breakfast: Biscuit & Gravy, sausage patty, juice  Lunch: Chicken Fry Steak , potatoes, gravy, green beans, hot roll, fruit	23 Breakfast: Egg & Cheese Omelet, toast, juice  Lunch: Burrito, spanish rice, salad, ice cream bar	24	25
26 Breakfast: Cereal, toast, juice Lunch: Cheeseburger, French fries, salad, fruit	27 Breakfast: French Toast yogurt w/fruit, juice Lunch: Chili Cheese Fries, coleslaw, apple crisp	28 Breakfast: Scrambled Eggs w/ Bacon & Cheese, toast, juice Lunch: Beef Rotini, salad, bread stick,	29 Low fat milk choices are offered daily as a choice with every meal..	<b>MENU'S ARE SUBJECT TO CHANGE WITH- OUT NOTICE!</b>		

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Ave.SW Washington D.C. 20250-6410. or call (800) 795-3272 (voice or (202)720-6383(TTY). USDA is an equal opportunity provider and employer.